

Step Therapy Criteria  
2025 MCOE  
Last Updated: 6/1/2025

## DULOXETINE THERAPY - UHCMR

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### Products Affected

- Drizalma Sprinkle

### Details

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| Criteria | Step 1: Formulary, generic duloxetine. Step 2: Drizalma. Approve for continuation of prior therapy. |
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# FANAPT THERAPY - UHCMR

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## Products Affected

- Fanapt
- Fanapt Titration Pack

## Details

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| <b>Criteria</b> | Step 1: Two of the following oral, single-ingredient, formulary, generic atypical antipsychotics: asenapine, aripiprazole, paliperidone, olanzapine, quetiapine, risperidone, ziprasidone. Step 2: Fanapt. Approve for continuation of prior therapy. |
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# LYBALVI THERAPY - UHCMR

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## Products Affected

- Lybalvi

## Details

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| <b>Criteria</b> | Step 1: Two of the following oral, single-ingredient, formulary, generic atypical antipsychotics: asenapine, aripiprazole, paliperidone, olanzapine, quetiapine, risperidone, ziprasidone. Step 2: Lybalvi. Approve for continuation of prior therapy. |
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# RHO KINASE INHIBITOR THERAPY - UHCMR

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## Products Affected

- Rhopressa
- Rocklatan

## Details

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| <b>Criteria</b> | Step 1: One of the following: Lumigan, generic latanoprost, Vyzulta.<br>Step 2: Rhopressa, Rocklatan |
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# RIVASTIGMINE PATCH THERAPY - UHCMR

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## Products Affected

- Rivastigmine Transdermal System

## Details

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| <b>Criteria</b> | Step 1: Generic, oral rivastigmine capsule. Step 2: Generic rivastigmine transdermal systems |
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# RYTARY THERAPY - UHCMR

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## Products Affected

- Rytary

## Details

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| <b>Criteria</b> | Step 1: One of the following: generic carbidopa/levodopa IR, generic carbidopa/levodopa ER tablets, or carbidopa/levodopa ODT. Step 2: Rytary |
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# SECUADO THERAPY - UHCMR

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## Products Affected

- Secuado

## Details

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| <b>Criteria</b> | Step 1: Two of the following oral, single-ingredient, formulary, generic atypical antipsychotics: asenapine, aripiprazole, paliperidone, olanzapine, quetiapine, risperidone, ziprasidone. Step 2: Secuado. Approve for continuation of prior therapy. |
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# SNRI THERAPY

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## Products Affected

- Fetzima
- Fetzima Titration Pack

## Details

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| <b>Criteria</b> | Step 1: Generic venlafaxine extended release capsules. Step 2: Fetzima. Approve for continuation of prior therapy. |
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# TOPICAL IMMUNOMODULATOR THERAPY

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## Products Affected

- Pimecrolimus
- Tacrolimus OINT

## Details

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| <b>Criteria</b> | Step 1: Any two of the following formulary topical agents: desonide ointment, hydrocortisone 2.5% cream, hydrocortisone 2.5% ointment, generic aug betamethasone 0.05%, fluocinonide 0.05%. Step 2: Generic pimecrolimus, generic tacrolimus topical |
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# UCERIS ORAL THERAPY - UHCMR

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## Products Affected

- Budesonide Er

## Details

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| <b>Criteria</b> | Step 1: Brand Apriso or generic mesalamine 1.2g, AND generic sulfasalazine. Step 2: Generic budesonide ER tablet |
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## ULORIC THERAPY - UHCMR

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### Products Affected

- Febuxostat

### Details

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| Criteria | Step 1: Oral, generic allopurinol. Step 2: Generic febuxostat |
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# VUMERITY THERAPY - UHCMR

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## Products Affected

- Vumerity

## Details

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| <b>Criteria</b> | Step 1: Any one formulary dimethyl fumarate-containing product. Step 2: Vumerity. |
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# ZONISADE SUSPENSION THERAPY

## Products Affected

- Zonisade

## Details

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| <b>Criteria</b> | Step 1: Generic zonisamide capsule. Step 2: Zonisade suspension.<br>Approve for continuation of prior therapy. |
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Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare.

[<OVEX3386716\_000>]

Formulary ID# 00025002

Y0066\_130404\_093413 CMS Approved